

# Empower for Change



## OVERALL OBJECTIVE

The **Empower for Change** Workshop aims to equip you with the skills to shape your destiny in alignment with your needs, goals, values, capabilities and the environmental realities you will be facing, identify specific actions to facilitate progress through the change process, and ensure personal effectiveness by empowering yourself for action and the change.

## OUTCOMES

You, as a participant will be able to:

- plan your change experience
- understand the changing environment
- align your needs and goals to these changes
- anticipate how you will respond during the change
- work on internal and external constraints to success
- proactively take steps to ensure positive sustainable results

## CONTENT

- Need for Change
  - Understanding the environment
  - Paradigm shifts
  - Necessity of alignment
  - Proactive positioning
- Obstacles to Change
  - Concerns
  - Stop signs in your life
  - Making personal transitions
  - Getting crushed by change
  - External constraints
- Strategies for Empowered Change
  - Characteristics of winners
  - Fast forward adapting
  - Making choices
  - Creating a vision
  - Making it happen